Can ElleVet Veterinary Strength Soft Chews Help Dogs Experiencing Joint Discomfort Feel More Comfortable?

What 54 Dogs and Their Owners Told Us Over Four Weeks

By ElleVet Sciences
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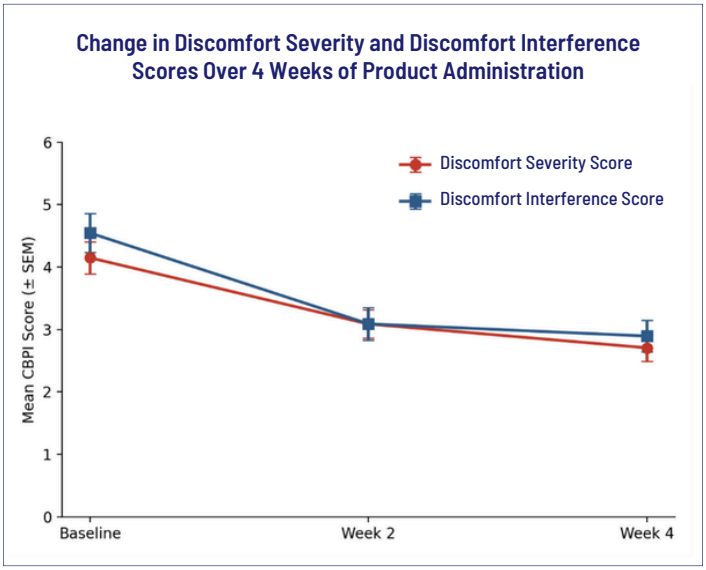
If you share your life with a dog who's slowing down, having trouble with stairs, or seems stiff, you already know how heartbreaking joint discomfort can be to watch. You also know it can be hard to tell if the support you're providing is really helping because dogs can't tell us in words. That's why veterinarians rely on a tool called the CBPI: a simple questionnaire that asks owners, who know their dogs best, to rate their dog's discomfort and how much it gets in the way of everyday life.

We used the CBPI to track 54 dogs that were experiencing joint discomfort and were already taking our ElleVet Soft Chews, which are proven to work during a clinical study from Cornell University, using this survey before they started our new ElleVet Veterinary Strength products (Mobility + Joint or Cognitive + Calm). They were then asked to change to our new ElleVet Veterinary Strength Soft Chews, given twice a day. The new ElleVet chews contained a cannabidiol (CBD) + cannabidiolic acid (CBDA) rich hemp extract, and each dog was given an appropriate number of chews to deliver approximately 2mg/kg total cannabinoids at each administration as well as Ashwagandha (1.3mg/kg) as part of the base. 32 dogs with purely mobility challenges received a chew with other Natural Compounds™ with joint-supporting properties (Glucosamine, Chondroitin Sulfate, Avocado Soybean Unsaponifiable, Hydrolyzed Casein product otherwise known as hydrolyzed milk protein, and Undenatured Collagen Type II which is commonly known as UC-II®) – ElleVet Veterinary Strength Mobility + Joint Chews), while 22 dogs with stress related challenges and mobility challenges were provided the same base with other Natural Compounds for stress and cognition (ElleVet Veterinary Strength Cognition + Calm Chews).

Owners filled out the questionnaire before starting while taking or original chews, and again after two and four weeks of being on our new soft chew formulations. The clinically validated CBPI asks about ten things: from "how bad is your dog's discomfort at its worst" to "how much does the discomfort get in the way of climbing stairs." Each parameter is scored from 0 to 10. Those ten answers are then grouped into two easy-to-track numbers: a Discomfort Severity Score (how much discomfort the dog seems to be experiencing) and a Discomfort Interference Score (how much that discomfort limits normal daily life, like walking or playing). Here's what we found.

The Big Picture: Less Joint Discomfort, More Movement

On average, dogs' discomfort scores dropped by about a third, and their scores for discomfort interfering with daily activities (walking, standing up, and climbing stairs) dropped by a similar amount. Encouragingly, many owners noticed a difference within the first two weeks, and comfort kept improving through week four.



Average discomfort and activity-interference scores dropped steadily over the four weeks (lower is better). The small vertical bars show the statistical precision of each average, not the full range of individual dogs.

	Before Starting ElleVet Soft Chews	After 2 Weeks	After 4 Weeks
Discomfort Severity Score (0 = none, 10 = worst)	4.2	3.1	2.7
Discomfort Interference Score (0 = none, 10 = worst)	4.6	3.1	2.9

Group averages on the 0–10 CBPI scale, where 0 means no discomfort or no limitation, and 10 means the worst possible.

What Owners Actually Noticed

Beyond the numbers, this showed up in specific, everyday ways owners rated separately:

- Walking and standing up got easier for most dogs.
- Willingness to run and play increased.
- Climbing stairs, curbs, and doorsteps became less of a challenge.
- Dogs seemed more like their old selves and more interested in the activities they used to enjoy.

Out of all 54 dogs, about 8 in 10 showed some improvement in comfort by the end of four weeks, and roughly 6 in 10 saw their discomfort drop by 30% or more. This is a change most owners would notice in daily life, not just on paper. Every single one of the ten specific things the CBPI measures improved on a group level, which is a good sign the benefit wasn't limited to one or two lucky dogs or one narrow type of activity.

It's also worth noting that discomfort scores kept inching down between week two and week four, while the activity-limitation scores mostly leveled off after the first two weeks. In other words, dogs' comfort and day-to-day function improved quickly and then continued to improve or held steady.

Quality of Life Improved Too

Owners also rated their dog's overall quality of life as "Excellent," "Very Good," "Good," "Fair," or "Poor." Before starting ElleVet Veterinary Strength Soft Chews, about half of the dogs were rated "Excellent" or "Very Good." By four weeks, that rose to about 7 in 10 dogs.

A Few Honest Caveats

This was an open study without a comparison group, meaning no group of dogs on a placebo (an inactive look-alike product) to compare against. That matters because dogs can sometimes seem to improve simply from extra attention, a change in routine, or life's natural ups and downs, and this kind of study can't fully rule those factors out. All of the improvement was based on owner observations rather than a formal veterinary exam or gait analysis.

As with any supplement, it's worth talking with your veterinarian about whether ElleVet Veterinary Strength Soft Chews are a good fit for your dog, especially if your dog has other health considerations or takes any medications.

Bottom Line

Across four weeks, dogs on ElleVet Veterinary Strength Soft Chews (Mobility + Joint or Cognitive + Calm) showed meaningful, consistent improvement in comfort and mobility, according to the people who know them best: their owners. More importantly, these new formulations with CBD + CBDA, Ashwagandha and other Natural Compounds appear to offer even more benefits than our original effective product. If your dog is showing signs of joint discomfort, this may be a conversation worth having with your veterinarian.

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